

October Events

Heart in Hand Support Services is excited to be joined by our associates from FABS to take part in the MS Moonlight Walk on 28th of October 2022.

October is Mental Health Month and our team members Rose and Jordan will be completing Mental Health First Aid Training with SunRay Edu Training.

Welcome to our newest staff members Brooke and Cecilie and Happy Birthday to our fantastic Support Worker Kylie!



Out and about:



A Warm Welcome

What is The Pulse? The Pulse is a cool name given by a wise ole man that truly believe the name represents another extension of Heart In Hand Support Services. The Pulse is our monthly newsletter where we inform like-minded community of exciting news about our services, supporting other local Providers, provide educational material relating to our disability sector and celebrate achievements/highlights of our participants and the team.

With this very first edition, I would like to take this opportunity to 'Thank YOU' for reading our news and introduce myself. Hi! I'm May. I am the heart of the business; however, I am supported by a team of multidisciplinary individuals that help deliver tailored and meaningful services to the community. Without the support of our team, I would not be able to bring my passion of helping others to life in the capacity that I have envision for.

So welcome! I hope our newsletter gives you an insight of what Heart In Hand is about and in some ways inspire and bring joy to your life.

Love May



Congratulations to Jordan

Congratulations to Jordan who has recently completed University Studies.

Jordan will now be stepping into an additional role at Heart in Hand where he will be using his skills as an Exercise and Nutrition Specialist. Watch this space!

